



January 2022 Newsletter

MONTHLY MEETING THURSDAY 13th JANUARY - **CANCELLED**

Given the current situation, with rising case rates within the local area and the recommendation that those who can should work from home, we have decided that we should cancel the monthly meeting planned for next week.

This is a real disappointment after our relaunch in September, the subsequent meetings in October and November, and the Christmas Ceilidh in December - all of which were well attended and well received, and none of which (as far as we are aware) led to any increase in the Covid case rate.

While many of the groups will continue to meet, the size and layout of the United Church does not allow for effective social distancing or adequate air circulation. While the risk of serious infection to those of us who are triply vaccinated seems to be low we do not yet know the extent to which we can catch and pass on the virus. Until case rates are seen to be falling to more manageable levels we think the sensible and responsible thing to do is to avoid meeting as a large group for the time being.

Hopefully this will be a temporary measure and we will be able to resume the monthly meetings in the near future.

In the meantime we do hope you have all had an enjoyable Christmas and wish all of us a happy and healthy New Year!

Stephen Illingworth - On behalf of the committee

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Thank you Sally and Keith for setting up our u3a tree for the Holy Trinity Christmas Tree Festival.

This is always a good opportunity for us to join in with a community event and we hope that many folk picked up one of our leaflets.



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SUPPER CLUB

There has been a good initial response to the invitation to join the Supper Club. Currently we are hoping to hold the first dinner in the evening of Wednesday 9th February but this is subject to both the prevailing Covid situation and a new commercial oven being installed at Cassia, If you would like to join us for this or future meetings please let us know, We are very happy for members to bring along a guest. John Box & Stephen Illingworth (01225 867047 Stephen's number)



So many people told us that they had really enjoyed the ceilidh and hope that we will repeat the event sometime in the future. Spill the Whisky got us dancing and it was just a great social occasion. Thanks to everyone who helped to make it a great afternoon.



Research Study Looking for Participants

Department for
Health



How does knee loading during daily activities influence your future progression of knee osteoarthritis?

- How could modifying your foot position during common activities affect your knee joint health?
- Help us to answer these questions using our advanced camera-based motion capture system.

We are looking for:

- participants aged 45-65 years
- Clinically diagnosed with knee osteoarthritis
- No use of orthotics

Interesting in finding out more?
Please contact: Yi Wan Yw2984@bath.ac.uk

